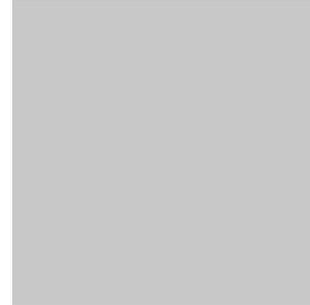




فانڈیشن یونیورسٹی اسلام آباد  
Foundation University Islamabad

# Newsletter

SUMMER 2021



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# STATUTORY BODIES' MEETINGS

## Board of Governors Meeting (BOG)



The 29<sup>th</sup> meeting of the BOG was held on Wednesday, January 20, 2021, at FUIC. Chancellor FUI, Lt Gen. Mian Muhammad Hilal Hussain, HI(M) (Retd) chaired the meeting. The Chairman welcomed all the members of the meeting especially Maj. Gen. Nasir Dilawar Shah HI(M) (Retd), the Rector (Designate) FUI. The Chairman appreciated the efforts made by the outgoing Rector, Maj. Gen. Changez Dil Khan HI(M) (Retd), for the improvement of the university and conveyed his best wishes. The Chairman and members of the BOG appreciated the initiatives being undertaken and the improvements being made by the university before confirming the proceedings of the 28<sup>th</sup> Meeting. The Board appreciated the initiatives undertaken by the

University in the fields of academics and administration. Thereafter the Board, after due deliberation, approved the proposed recommendations of the Executive Committee (EC). The Board also approved nominations of the members in the Academic Council (AC), Board of Advanced Studies & Research (BASAR) and FUI Discipline Committee and the inclusion of two experts in the field from outside the University in the Boards of Faculty to be appointed by the BOG.

## Executive Committee Meeting (ECM)

The 30<sup>th</sup> ECM was held on January 04, 2021 at Fauji Foundation Head Office. President FUI, Mr. Waqar Ahmed Malik, chaired the meeting. After the chairman's welcome address, the Registrar highlighted the agenda points followed by a presentation on the university updates / highlights of the last year concerning the NPO status, improved ORIC & QA ranking, research publications, national and international linkages and other academic & IT-related accomplishments. The Registrar also apprised the EC on the implementation / progress on the decisions of the 29<sup>th</sup> Executive Committee Meeting (ECM) and the Consideration of the Recommendations made by the Pakistan Center of Philanthropy (PCP). The Committee



appreciated the progress made in the implementation of its directives and after due consideration recommended the budget estimates for the FY 2020-2021, the Revised Rule of Business 2020, establishment of Professional Development Centre (PDC) at FURC, Medical Entitlement Policy of the FUI employees, FUI Dental Care Policy, Revised IT/MIS Organogram and the Internship of BDS graduates and high school students to the forthcoming meeting of the BOG for onward approval. In the end, the President FUI appreciated the efforts made by the Rector for the improvements in the functioning of the university.

## Deans Committee Meeting (DCM)

The Special Deans Committee Meeting was held on February 04, 2021, at the FUI headoffice. The Rector FUI, Maj. Gen. Nasir Dilawar Shah HI(M), (Retd), chaired the meeting. The Manager Student Affairs, FUIC apprised that the Pakistan Medical Commission (PMC) has issued revised guidelines regarding the fee of Category-B Overseas Pakistani Students. The Deans Committee after detailed deliberation approved the proposed reduction in fee for Category-B Overseas Students MBBS/BDS, from 16,500 to 11,500/- US\$ along with 625\$ on account of the admission fee for the Session 2021. The Deans Committee was also apprised that due to Covid-19, the annual Professional Examinations of all classes could not be held as per the schedule and got delayed. The Deans Committee after detailed deliberation approved the extension in the date of fee submission of MBBS/BDS students up to 1<sup>st</sup> March 2021. The meeting ended with a vote of thanks to the chair.

## STATUTORY BODIES' MEETINGS

### Board of Advanced Studies and Research (BASAR)

The 26<sup>th</sup> meeting of the Board of Advanced Studies and Research (BASAR) was held on March 03, 2021, under the chairmanship of the Rector FUI, Maj. Gen. Nasir Dilawar Shah HI(M) (Retd) at FURC. The board confirmed the proceedings of the previous meeting and approved the research proposals of MS and PhD scholars. The PhD scholars also defended their synopses before the board and answered questions by the internal and external experts.



### Academic Council Meeting (ACM)

The 25<sup>th</sup> Academic Council Meeting was held on April 06, 2021 under the chairmanship of the Rector FUI, Maj. Gen. Nasir Dilawar Shah HI(M) (Retd). All director campuses, Deans, Associate Deans and HODs attended the meeting. The proceedings of the 24<sup>th</sup> ACM were presented and approved along with deliberation on 34 other points of interest.



## ORIENTATIONS

### Foundation University Rawalpindi Campus

FURC organized a 3-day orientation program for its new students starting from February 02, 2021. These sessions were designed to brief the students about the university policies and procedures. In his welcome address, the Pro Rector / Director FURC, Brig. Dr. Abdul Ghafoor (Retd) welcomed the new students and assured them that their educational journey at FURC will be a fruitful one. He emphasized that to realize their dreams and that of their parents they must commit themselves wholeheartedly to studies and refrain from activities that hinder the process of learning. He urged the students to follow the university rules.



## ORIENTATIONS

### Foundation University College of Nursing

Welcome and Oath-taking Ceremony of the FUCN 2<sup>nd</sup> Batch Nursing Assistant, Dental Surgical Assistant Course, and the 3<sup>rd</sup> Batch BSN & Post RN BSN was held on February 12, 2021. The Director FUIC, Maj. Gen. Prof Dr. Jawad Khaliq Ansari HI(M) (Retd) graced the occasion as chief guest. New students lit lamps as per the FUCN tradition of giving tribute to the lady with the lamp, Florence Nightingale, the founder of modern nursing. Capt Yasmeen Saggi, Principal FUCN, took oath from the students.



### Foundation University Islamabad Campus

Day One Ceremony for the new students of FUMC and FUCD was conducted on February 23, 2021 in FUIC Auditorium. The Director FUIC, Maj. Gen. Prof.f Dr. Jawad Khaliq Ansari HI(M) (Retd) was the Chief Guest. 134 students of MBBS and 41 students of BDS attended the ceremony. The Director FUIC gave the welcome address to the newly joined students. Detailed campus briefing was given by the GM (Admin) FUIC followed by a motivational talk by the alumni Dr. Fatima Ali Raza.

### Foundation University Institute of Rehabilitation Sciences

Day One Ceremony of the Doctor of Physical Therapy 14<sup>th</sup> Batch and Master of Science in Musculoskeletal Physical Therapy 1<sup>st</sup> Batch - Spring 2021, was held on March 01, 2021 at FUIC Auditorium. The program was staged by Dr. Sana Bashir, Lecturer FUIRS. The chief guest of the ceremony was Director FUIC, Maj. Gen. Prof. Dr. Jawad Khaliq Ansari HI(M) (Retd) and guest of honor was Maj. Gen. Tassarwar Hussain, Associate Dean Clinical Sciences. After the welcome address by the Principal/Dean FUIRS, Prof. Dr. Furqan Ahmed Siddiqi, the oath-taking was conducted by the Assistant Professor FUIRS, Dr. Muhammad Furqan Yaqoob. The HoD Undergrad/ Assistant Professor FUIRS, Dr. Warda Aijaz Qazi, introduced FUIRS and highlighted its achievements in the form of a presentation. The program ended with the vote of thanks and closing remarks by the chief guest.



# LINKAGES

## MOU with Belarusian State University of Radioelectronics and Informatics, Belarus

On January 27, 2021, FUI and Belarusian State University of Radio Electronics and Informatics (BSUIR) joined hands to foster the promotion and understanding of high-quality professional education in the domains of Engineering and IT. This initiative has created ample opportunities for the faculty, staff, and students of both universities.



## MOU with Mishal and Rinstra

The MOU signing ceremony between FUI and Mishal Pvt. Ltd. and Rinstra Technologies Pvt. Ltd. took place on February 08, 2021. The Pro Rector/Director Brig. Dr. Abdul Ghafoor (Retd) and Mr. Aamir Jhangir, CEO Rinstra and Mishal signed the MOU. This Rinstra and Mishal MoU was the effort of the Arts & Media Department which will help the students of Film and Production to enhance industrial exposure. Rinstra will extend its support to launch Foundation Film Festival in November 2021. It marks a milestone in enhancing the film production skills of the Arts and Media students and strengthening the bond between both parties.

## MOU with Kinnaird College for Women University

FUI and Kinnaird College for Women University (KCWU) have entered into a bilateral agreement on March 1, 2021 to promote academic, research and entrepreneurial activities. The Rector FUI, Maj. Gen. Nasir Dilawar Shah HI(M) (Retd), and the Principal KCWU Prof Dr. Rukhsana David inked the memorandum of understanding for optimum resource utilization and consented to the fact that higher education institutions cannot be self-sufficient in all the resources which can only be done through establishing mutually beneficial partnership with other HEIs.



## COLLABORATION

BETWEEN  
JIANGSU UNIVERSITY, CHINA  
&  
FOUNDATION UNIVERSITY ISLAMABAD  
PAKISTAN

March 8th, 2021

## MOU with Jiangsu University, China

FUI entered into a bilateral agreement with Jiangsu University, China on March 08, 2021, to promote high-quality development of the Belt and Road Cooperation. With this agreement, Faculty members of FUI may pursue PhD degrees at Jiangsu University under the Belt and Road Initiative.

## LINKAGES

### MOU with Islamic International Dental College & Hospital

On March 11, 2021, Foundation University College of Dentistry and Hospital and Islamic International Dental College and Hospital (IIDC&H), Riphah International University signed an MOU to enhance professional / educational links and opportunities.



### MOU with Asfendiyarov Kazakh National Medical University, Kazakhstan

On April 05, 2021, FUI and Asfendiyarov Kazakh National Medical University, Kazakhstan signed an MoU to enhance academic and professional cooperation through joint workshops, seminars on medical education and research, faculty exchange, and guest speakers as per the professional needs of the undergraduate and postgraduate students.



### MOU with Web Excels Pvt Ltd

Foundation University Sialkot Campus (FUSC) signed an MoU on May 24, 2021 with a leading e-commerce management firm, Web Excels Pvt Ltd. Practising industry-academia linkages, both the organizations shall leverage from each other's resources. In addition to various mutual benefits, this understanding shall have a special focus on the Supervised Industrial Training (SIT) of the students of BSc Information Engineering Technology. On this occasion, CEO Web Excels Pvt Ltd and Acting Director FUI Sialkot Campus signed the MoU and discussed the future activities.



### MOU with Kurdistan University of Medical Sciences, Iran

On May 26, 2021, FUI and Kurdistan University of Medical Sciences (KUMS), Iran signed an MoU to enhance professional / educational links and opportunities to mutually benefit the faculty, students and staff of both the universities through joint workshops, seminars, training courses, public lectures, and faculty and student exchange programmes.



### MOU with Alfoze Technologies Pvt Ltd

An MoU has been signed between FUI and Alfoze Technologies Pvt Ltd on June 02, 2021 to pave the way for cooperation between both organizations for joint initiatives under industry-academia linkages. Prof. Dr. Abdul Ghafoor, Pro-Rector FUI, and Mr. Muazzam Arslan Bhatti, CEO Alfoze Technologies, inked the agreement to practically implement the various activities jointly developed by the FUI and Alfoze. This agreement shall benefit FUI students in terms of their final year projects, ICT boot camps, internships, supervised industrial training and industry-based research projects.



# SEMINARS AND LECTURES

## Why Your Job Applications Are Getting Ignored?

A webinar on "Why Your Job Applications are Getting Ignored?" was organized by Danish Mateen, Syed Hussain Abbas, and Wahab Javed (Students of BBA 7), FURC on January 01, 2021, under the supervision of Dr. Maria Taimoor Khan. The guest speaker Mr. Usman Kamal, Director Industrial Linkages Department, Iqra University Islamabad, discussed the issue of job applications being ignored and most of the CVs ending up in trash in the current competitive job market.



## Stress Management for Business World in the Times of COVID-19

A webinar on "Stress Management for Business World in the Times of Covid-19" was conducted on January 13, 2021, by Zoha Khalid and Areeba Mughal (Students of BBA- 7), FURC under the guidance of Dr. Maria Taimoor Khan. The guest speaker Dr. Faraz Talat, Training Psychiatrist and Deputy Chief Executive of Talat Nursing Home, shed light on understanding stress and how to adjust in the post-pandemic world.



## Career Development: A Road to Success

A Webinar on "Career Development: A road to success" was organized by Faiza Asad and Ammar Ejaz (BBA- 8), FURC on January 14, 2021. Muhammad Ali Ibrahim, Vice President Mobilink Micro Finance Bank, was the guest speaker.



## Protection of Women Against Harassment at Workplace-2021

An awareness seminar on Protection of Women against Harassment at Workplace 2021 was organized by the department of Community Medicine, FUMC on February 19, 2021. The opening remarks were given by Prof. Dr. Naila Azam, HOD Community Medicine Deptt. The members of the committee for Protection of Women against Harassment at Workplace were enlisted during the seminar and the procedure for getting the complaint form & filing the complaint was thoroughly explained to the audience. Towards the end, a question/answer session was conducted. An educational video on harassment was also shown to the audience.

## FUIRS Webinars

FUIRS organized numerous evidence-based webinars in collaboration with UHasselt, Belgium, delivered by academic leaders and professionals. The seminars included, "The Role of Respiration in Non-Specific Low Back Pain" by Dr. Lotte Janssens, Ph.D., "Obstetric Brachial Plexus Palsy: Clinical Picture, Assessment, and Treatment" by Dr. Katrijn Klingels, Ph.D., "Biomechanical Balance Assessment in Children with Cerebral Palsy" by Dr. Pieter Meyns, Ph.D., and "Cognitive-Motor Interference in Persons with Multiple Sclerosis" by Prof. Dr. Peter Feys, Ph.D. and Dr. Renee Veldkamp, Ph.D.



## SEMINARS AND LECTURES

### Media Use and Public Opinion on Issues of National Importance.

An informative session was conducted both online and offline for the students of FURC on May 28, 2021. The webinar was part of the research project for ORIC titled "Media Use and Public Opinion on Issues of National Importance". Dean Faculty of Arts and Social Sciences, Prof. Dr. Fazal Rahim Khan, HoD Arts and Media, Dr. Haseeb Waraich and seven renowned scholars and researchers discussed their thoughts and shared knowledge about opinion formation through media.

The online participants included:

- Dr. Zafar Iqbal, Professor Media & Communication-IIUI
- Mr. Gul Dad, Director Research-Pakistan Institute for Conflict and Security Studies-PICSS, Islamabad



- Ms. Umera Jawad, Deputy Controller Media & Communication-Youth Affairs, PM Office Islamabad
- Ms. Yasmin Jamali, Iqra National University, Peshawar
- Mr. Awais Ahmed, ORIC, International Islamic University, Islamabad
- Mr. Raza Waqas Ahmad, Peace and Development Foundation
- Mr. Naheem Gul, Creative Hands Production Pvt. Ltd.

The faculty members of the Arts and Media Department also attended the session and participated in the discussion.

The findings of the FUI Internationally funded project "Media Preliminary Effects on Opinion Formation" were also shared during the session. This activity was supervised by Ms. Nadira Khanum, Assistant Professor Arts & Media.

## TRAININGS AND WORKSHOPS



### Teaching Daily Living Skills to Individuals with Autism

Department of Psychology has been rigorously providing training for professional development in the field of mental health. In continuation of this, a one day training workshop titled "Teaching Daily Living Skills to Individuals with Autism" was conducted on December 17, 2020, via MS Teams. It was organized by Dr. Nadia Shafique and supervised by Prof. Dr. Tanvir Akhtar. Activities of Daily Living Skills (ADLs) include eating breakfast, showering, brushing teeth and all those tasks which foster independence. However, for individuals with autism, these daily tasks may be challenging. The facilitator Mr. Ateeq, a board-certified behaviour analyst and the Director and Program Manager of ABE Supports, Vancouver, Canada, has supported children and adults with a wide range of developmental disabilities (e.g. autism, intellectual disability, etc.) and provided training to parents, behaviour therapists and university staff. The parents appreciated the team of Foundation University for organizing the interactive and informative workshop.

## TRAININGS AND WORKSHOPS



### A TRAINING SESSION

On "How to Pitch Perfect" is arranged by Foundation University Business Incubation Center (FUBIC) for incubates of 3<sup>rd</sup> & 4<sup>th</sup> Cohort and Foundation University Entrepreneurial Society (FUES) on March 10, 2021 in FUBIC conference room at 10:30 am.



### How to Pitch Perfect

A training session "How to Pitch-Perfect" was arranged by Foundation University Business Incubation Center (FUBIC) for incubates of the 3<sup>rd</sup> and 4<sup>th</sup> Cohort and Foundation University Entrepreneurial Society (FUES) on March 10, 2021, in FUBIC conference room.

### First Virtual 3D E-Conference

FUI joined hands with Riphah International University to successfully organize the first virtual 3D E-conference held on May 27-30, 2021 intending to bring the eminent and leading academic scientists, researchers, and scholars to exchange and share hands-on experiences and research outcomes regarding all aspects of Rehabilitation Sciences. The Principal/Dean FUIRS, Prof. Dr. Furqan Ahmed Siddiqi chaired the oral paper presentation sessions discussing the specialty of cardiopulmonary physical therapy and co-chaired the keynote addresses by international speakers.



## VISITS



### N-Ovative Health Technologies Pvt Ltd

FUI team visited N-Ovative Health Technologies Pvt Ltd (NHTPL) on January 07, 2021. GM Plant Dr. Mubashar Aslam guided the FUI team around the facility. Participants from FUI were shown real time manufacturing of certified international standard biomedical devices. Project Director Dr. Murtaza Najabat also met the FUI team to discuss linkages in research and development, students' industry training, and certification of faculty on ISO standards.

### Mr. Abdullah Mustafa, Institute of Business Administration, Karachi

Mr. Abdullah Mustafa, Monitoring and Evaluation Officer, from the Institute of Business Administration, IBA Karachi, visited Foundation University Business Incubation Centre (FUBIC) on Thursday, February 11, 2021. During his visit, Mr. Syed Taimoor Hassan, Manager FUBIC, gave a brief introduction of each start-up and FUBIC. Mr. Abdullah showed interest in establishing collaboration in entrepreneurial programs with FUBIC.



## VISITS

### Delegation of PhD Scholars from Riphah International University

Foundation University Institute of Rehabilitation Sciences (FUIRS) has always been at the forefront of scientific research. To further promote research culture in the field of rehabilitation sciences in Pakistan, FUIRS hosted a delegation of PhD scholars from Riphah International University (RIU) led by Principal, Faculty of Rehabilitation and Allied Health Sciences, Prof. Dr. Arshad Nawaz Malik on March 12, 2021. The delegation was given an orientation of research labs, equipment, and facilities at FUIRS by Prof. Dr. Furqan Ahmed Siddiqi, Dean FUIRS, and FUIRS faculty.



### Association of Media and Communication Academic Professionals (AMCAP) Delegation

AMCAP delegation visited Foundation University Rawalpindi Campus on 11 Dec, 2020. HOD of Arts and Media Department, Dr. Haseeb Warraich, and faculty welcomed the delegation. President AMCAP Prof. Dr. Bushra Hameed Ur Rehman addressed the faculty of the department and highlighted the importance of collaboration in research in academia to stay in tune with the global research trends. The faculty was also informed about upcoming AMCAP events.



### Institute of Space Technology

Rector FUI, Maj. Gen. Nasir Dilawar Shah HI(M) (Retd) visited the Institute of Space Technology, Islamabad on June 02, 2021. Honourable Rector was received by Maj. Gen. Rehan Abdul Baqi HI(M) (Retd), Vice-Chancellor, IST. During the meeting, different facets of collaboration were discussed. The meeting ended with an understanding that Registrar, Director ORIC, and GM IT from FUI will visit IST to materialize an MoU/collaboration to foster the promotion of high-quality education, research and innovation in addition to promoting interdepartmental interaction of faculty and students of both institutions.



### Punjab Higher Education Commission

Maj. Gen. Nasir Dilawar Shah, HI(M) (Retd), Rector FUI had a meeting with Prof. Dr. Fazal Ahmad Khalid, Chairman PHEC at his office on Friday, May 21, 2021.



## VISITS

### Pak Mission Society Visits FUBIC

Mr. Aleem Emmanuel, Head Entrepreneurship Programme, Pak Mission Society along with his team visited Foundation University Business Incubation Center on February 01, 2021. During his meeting with Mr. Syed Taimoor Hassan, Manager FUBIC and start-ups, he showed interest to establish collaboration with FUBIC and to put joint efforts for the promotion of entrepreneurship and innovation.



## NEWS AND EVENTS



### External Assessment of MS and PhD Management Sciences Program

External Assessment of MS and PhD Management Sciences Programs was successfully conducted by Prof. Dr. Hafiz Mushtaq Ahmad, Bahria University Islamabad, under the arrangements of Department of Quality Assurance (DQA), FUI on December 23, 2020 at FURC. He thoroughly reviewed the SARs of the said programs on 8 criteria and 31 standards as prescribed by HEC. At the end of assessment he shared his recommendations for further improvement of the program in his the exit meeting with the Pro Rector FURC.

### External Assessment of MS and PhD English Program

External Assessment of MS and PhD English Programs was successfully conducted by Prof. Dr. Shaheena Ayub Bhatti, Director Women Research & Resource Centre, Fatima Jinnah Women University (FJWU), Rawalpindi and External Assessment of BS English Program was conducted by Dr. Akhtar Aziz, Assistant Professor, International Islamic University (IIUI), Islamabad, under the arrangements of Department of Quality Assurance (DQA), FUI on January 19, 2021 at FURC. Subject experts thoroughly reviewed the SARs of the said programs on 8 criteria and 31 standards as prescribed by HEC. At the end of assessment both subject experts shared their recommendations for further improvement of the program in a meeting with the Pro Rector FURC.



### Self-Review of MS and PhD Programs

Self-Review of MS and PhD programs of Foundation University Islamabad was conducted by the Department of Quality Assurance on February 23, 2021. The Review Panel consisted of five subject experts from well renowned universities of twin cities including Fatima Jinnah Women University, Riphah International University, International Islamic University, Air University and Quaid-i-Azam University Islamabad. After the complete review process, the panel members shared their recommendations for further improvement of the research degree programs of FUI. At the end, the Director FURC thanked and appreciated the panel's efforts in helping the FUI in its quality improvement efforts.



## NEWS AND EVENTS

### **Mehanti Jawan Program 2021**

Islamabad Chamber of Commerce and Industry invited Universities to implement *Mehanti Jawan Program 2021*. On Dec 29, 2020, the first discussion was held between Islamabad Chamber of Commerce and Industry, and Universities to discuss the implementation of *Mehanti Jawan Program (MJP) 2021*. Foundation University Islamabad (FUI) took active part in this session and pressed upon the need to present local solutions because our problems are local. The Mehanti Jawan Program 2021 contains:

1. Business Accelerator Program
2. Business Plan Competition
3. Job Fairs
4. Policy Dialogues

It is expected that through MJP2021, ICCI shall activate industry-academia linkages in Islamabad region. Students interested in starting their own ventures stand to gain a lot from MJP2021.



### **Introduction to MS Musculoskeletal Physical Therapy Program**

FUI is committed to providing not only equitable access to holistic education in diverse disciplines for producing valuable human resource in the local and the global communities but also encourages students to foster their personal and professional development. In this regard, on February 02, 2021, a special transmission was aired on official Foundation University Web TV on the topic Introduction to Masters in Musculoskeletal Physical Therapy, hosted by Lecturer FUIRS, Dr. Muhammad Osama with guest speaker Prof. Dr. Furqan Ahmed Siddiqi. MS-MSKPT is a specialized program in Musculoskeletal Sciences which is aimed to encompass basic concepts, clinical knowledge, assessment and conservative management approaches according to international standards and adopted from international state of the art universities.



### **Free Dental Checkup and Awareness Camp**

Oral health plays a vital role in the overall health and wellbeing of an individual. With the objective of helping people access oral health and hygiene facilities, Foundation University College of Dentistry and Hospital organized a free dental check-up and awareness camp from 25-30 January. This camp was supervised and conducted by an expert panel of professionals from FUCD&H using fully equipped dental units. Oral health services offered during the camp included free dental check-up, tooth extraction, scaling, fillings to treat cavities, and more on discounted rates.





## Maj. Gen. Nasir Dilawar Shah HI(M) Retd Joined FUI as Rector

Maj. Gen. Nasir Dilawar Shah HI(M) (Retd), joined FUI on February 01, 2021 as Rector FUI. He was commissioned in Pakistan Army's Punjab Regiment in 1984. He is a graduate of Command and Staff College Quetta and National Defence University, Islamabad and holds Masters Degrees in Defence and War Studies from Quaid-e-Azam University, Islamabad and Strategic Studies from University of Balochistan, Quetta.

He held multiple command, staff and instructional appointments which include General Officer Commanding Army Aviation Command, Director General Army Aviation and Commandant Army Aviation School. He served as Military Secretary to Prime Minister, Director General Anti-Narcotics Force and Director General Inter-Services Intelligence, Islamabad. He has also served as Brigade Major of an Infantry Brigade besides remaining on the faculty of Army Aviation School, Command & Staff College Quetta and Pakistan Military Academy Abbottabad. In recognition of his dedication, devotion, professional excellence and meritorious services he was awarded Hilal-i-Imtiaz (Military).



## Dosti FM 98

Dr. Rozina Nazir, Principal/Dean FUCD&H was invited to a live program hosted by Asfandiyar Ali Khan on Dosti FM 98 on January 20, 2021. Dr. Rozina spoke about different departments and services provided at FUCD&H. She also informed the audience about the free dental camp being held at FUCD&H from 25-30 January as a part of the university's CSR activities.

## Boot Camp on Entrepreneurship

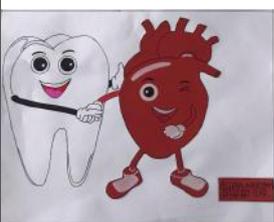
Mr. Syed Taimoor Hassan, Manager FUBIC, on February 01-02, 2021, hosted a boot camp on entrepreneurship, organized by Innovator's Garage in collaboration with Innovation and Lahore College for Women University (LCWU) for building and transformation of incubates' skills. Six experts from different fields shared their experiences and knowledge.



## NEWS AND EVENTS

### FUBIC 4<sup>th</sup> Cohort Induction

Foundation University Business Incubation Centre (FUBIC) held its 10<sup>th</sup> selection committee meeting for 4<sup>th</sup> Cohort Induction on February 18, 2021. After intensive reviews and analysis of 25 incubate business plans, 5 incubates were shortlisted and brought forward to the selection committee. All 5 incubates have been selected by the selection committee.



### World Oral Health Week

FUCD&H commemorated World Oral Health Week with poster, oral and video presentations on March 17, 2021 campaigning for inclusion of oral health with primary health, oral health being the gateway to systemic health and recognition of oro-facial clefts as a rising public health concern.

### Inauguration of Art Gallery

Arts and Media Department has established an Art gallery that was inaugurated on March 24, 2021 by the Rector FUI, Maj. Gen. Nasir Dilawar Ali Shah. He appreciated the art work of the students and the efforts of the competent faculty of the department to guide the students to produce dynamic artistic pieces in various mediums. Brig. Dr. Abdul Ghafoor (Retd), the Pro Rector FURC also graced the ceremony. The purpose of this art gallery is to provide the students a platform to launch their career by displaying their work.



### Self-Institutional Performance Evaluation

Foundation University conducted Self-Institutional Performance Evaluation (IPE) on March 29-31, 2021. The IPE panel comprised of one external reviewer Dr. Farrukh Idrees, Director QEC, Rawalpindi Medical University and five internal reviewers including Prof. Dr. Fazal Rahim, Dean, Faculty of Social Sciences, Brig. Dr. Muzammil Hassan Najmi (Retd), Associate Dean Basic Sciences, FUMC, Prof. Dr. Muhammad Shaheen, Dean, Faculty of Engineering and IT, Prof. Dr. Furqan Ahmad Siddiqi, Principal FUIRS, Dr. Sidra Aamer, A/Associate Dean Basic Sciences, FUCD. The self-review process was facilitated by the Department of Quality Assurance in coordination with

all the academic and administrative departments of FUI. The objective of the IPE is to evaluate the performance effectiveness of the university based on 11 quality standards defined in the IPE Manual of HEC. The standards outline major areas that higher education institutions need to focus on in order to secure recognition for their good governance and imparting quality education to students.

## NEWS AND EVENTS

### World Physiotherapy Congress 2021

World Physiotherapy Congress 2021 was organized by World Confederation for Physical Therapy (WCPT) and was held online from April 09-11, 2021, highlighting the latest research and advances in the field of Physical Therapy. The representation of Foundation University Institute of Rehabilitation Sciences (FUIRS) at the congress was noteworthy as Dr. Wardah Ajaz Qazi, Assistant Professor & HOD Undergraduate Program FUIRS, presented the only oral presentation from Pakistan. Dr. Shoaib Kiyani, Demonstrator FUIRS, also presented his e-poster at the event.



9-11 April

**World Physiotherapy Congress 2021 online**

**Platform presentations**  
PL-00946  
Pelvic, sexual and reproductive health

**GESTATIONAL DIABETES MELLITUS: INFLUENCE OF ANTENATAL AEROBIC EXERCISES ON C REACTIVE PROTEIN AND LIPID PROFILE-A RANDOMIZED CONTROL TRIAL**

Wardah Ajaz Qazi (Pakistan)

On Demand

**ePoster presentations**  
PO-01717  
Musculoskeletal

**EFFECTS OF EXTENSION BIASED EXTERNAL LIMB LOADING IN ADDITION TO MCKENZIE EXTENSION PROTOCOLS IN LUMBAR DERANGEMENT SYNDROME**

Shoaib Kayani (Pakistan)



### Palestine Solidarity Day

On May 21, 2021, Foundation University Islamabad staged a walk to show solidarity with the Palestinians facing Israeli aggression. Brig. Dr. Abdul Ghafoor, Pro Rector, lead the walk with the faculty members and administration staff.

The participants of the walk condemned the Israeli bombardment on the defenseless people of Palestine. The people of rally called upon the United Nations and human rights organizations to take strict notice of the Israeli brutalities in the Gaza Strip.

### Promotion Celebration - Department of Arts and Media Faculty

Department of Arts and Media, FURC hosted a lunch to celebrate the promotion of faculty members Ms. Bushra Ishaq, Ms. Bushra Yaseen and Ms. Siddiqua Ibrahim on June 03, 2021. The Pro Rector/ Director FURC, Brig. Dr. Abdul Ghafoor (Retd), all Deans and HoDs were invited at the lunch. Rector FUI, Maj. Gen. Nasir Dilawar Shah, HI (M) (Retd) also graced the occasion and congratulated the faculty members on their well-deserved promotion.



### COVID 19 Vaccination Camp

A vaccination camp was established at Foundation University Islamabad, Rawalpindi Campus, on June 08, 2021 where free vaccination was administered to a number of faculty, admin staff and students.

## NEWS AND EVENTS

### FUI Internal Funding Program

One of the key functions of ORIC is the promotion and strengthening of research culture at FUI. ORIC has been instrumental in facilitating the FUI faculty to undertake multiple sponsored research projects over the years. Internal Funding is regularly provided to the faculty members for their research proposals. During COVID outbreak, ORIC offered a special opportunity to conduct research exclusively on COVID-19. Out of 25 research projects of worth Rs. 6.81 million, 13x research projects related to COVID-19, amounting to Rs. 3.25 million, and 12 other research projects, amounting Rs. 3.56 million, were funded under this program, during the financial year 2019-20.



### FUI Filed a Patent Titled "Wisdom Mining"

Foundation University Islamabad, Rawalpindi Campus (FURC) filed a patent application titled "Wisdom Mining". The inventors of the patent are Prof. Dr Muhammad Shaheen, Dean Faculty of Engineering & IT and Ms Salma Khan, Teaching Research Associate, FURC.

### Campus Research Committee (CRC) Meetings

The 9<sup>th</sup> and 10<sup>th</sup> meetings of Campus Research Committee (CRC), FURC and FUIC were held on April 13 and 18, 2021 respectively. The meetings were chaired by the Pro-Rector/ Director FURC and Director FUIC. The major agenda of the meeting was to evaluate and shortlist the Research Projects submitted by the faculty members of all campuses.



### Funding for FYPs by IGNITE

Grassroots ICT Research Initiative (NGIRI) 2020 funded ten Final Year Projects (FYPs) of the students of the Faculty of Engineering & IT, worth Rs. 434,952. The approved FYPs are as follows.

- IOT based Monitoring and Controlling of 3 Phase Distribution Transformer
- Real Time Smart Car Parking and Gate Security System
- Design and Implementation of Conveyer Belt Speed Control using IOT based VFD.
- Solid State Transformer (Single Phase)
- Vaccine Carrier Cooling Box
- Single Phase Multiple Load Control
- Secure Patient Privacy Information in Medical Images
- Foundation University Student Information System
- Unirank
- Smart Traffic Flow

### NRPU Call for Proposals

HEC announced the call for research proposals under National Research Program for Universities (NRPU) 2021. ORIC encouraged the faculty members of FUI to submit their proposals against the call and facilitated the submission of 17 research proposal to HEC. Nine research proposals from FUIC, and Eight research proposals from FURC have been submitted to HEC.



## NEWS AND EVENTS



### Challenges and Way Forward for ORIC at Medical and Allied Health Universities

ORIC Rawalpindi Medical University organized an interactive session “Challenges and Way Forward for ORIC” at Medical and Allied Health Universities on February 02, 2021. Representatives of various medical universities from Rawalpindi/Islamabad attended the session. Mr. Abdul Moeed Qureshi, Manager University-Industry Linkages and Technology Transfer and Mr. Muhammad Asif Javed, Manager Research Operations and Development, attended the session and represented ORIC FUI. The purpose of the session was to discuss the challenges faced in establishing ORIC in medical universities, challenges of HR, financial assistance, grants for ORIC and development of research consortium for linkages and collaboration of universities in Rawalpindi/Islamabad.

### Innovation and Entrepreneurship

Allama Iqbal Open University invited Syed Taimoor Hassan, Manager Foundation University Business Incubation Center as the Subject Expert on Innovation & Entrepreneurship for a webinar session on Wednesday, February 03, 2021. Mr. Taimoor spoke about building the entrepreneurship ecosystem through sustainable development goals.

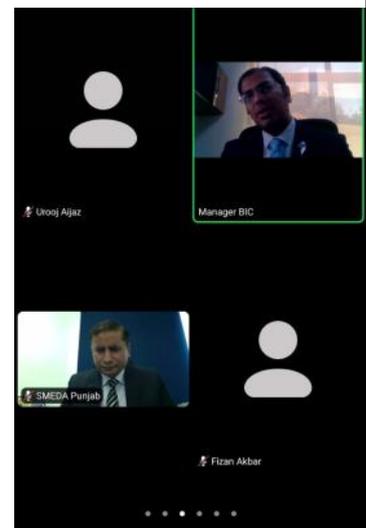


### Go to Marketing Strategy

Mr. Syed Taimoor Hassan Manager Business Incubation Center Foundation University Islamabad was invited as a guest speaker on March, 24 2021 by Business Incubation Center Lahore Garrison University to deliver a lecture on “Go to Marketing Strategy”. The objective of the session was to discuss a successful marketing plan for a product or service and the key areas to be catered for growth and profitability.

### Annual Online Innovation Summit Sialkot

Mr. Syed Taimoor Hassan Manager FUBIC, Foundation University Islamabad, was invited as a keynote speaker on *Making local and Marketing Global* for the session on “Branding Pakistan: An Innovation Summit Sialkot 2021” on March 25, 2021 organized by the Institute of Research Promotion (IRP) with the collaboration of University of Sialkot, Sialkot Chamber of Commerce and Industry, and other leading public and private institutions of the region.



## NEWS AND EVENTS

### Prize Distribution Ceremony

On June 16, 2021, the Department of Quality Assurance, Foundation University Islamabad organized “Certificates and Prize Distribution Ceremony” for the participants and winners of the 1<sup>st</sup> International Online Students Olympiad held on May 25<sup>th</sup>, 2021 which was coordinated by the Department of Microbiology and Virology, S.D. Asfendiyarov Kazakh National Medical University, Kazakhstan. The goal of the competition was to identify talented students in order to enhance their scientific potential and to establish friendly relationships between the universities. Twelve students from Foundation University Medical College (FUMC) competed against 107 students from medical universities across the globe and bagged the top three positions as under:



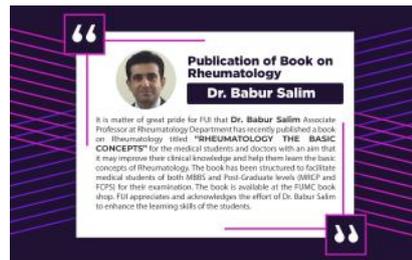
- |    |  |                                |
|----|--|--------------------------------|
| 1. | <b>Ms. Abeeha Zia (MBBS 4th Year) –</b>    | <b>1<sup>st</sup> Position</b> |
| 2. | <b>Mr. M Hamza Riaz (MBBS 4th Year) –</b>  | <b>2<sup>nd</sup> Position</b> |
| 3. | <b>Mr. Ali Asif Rana (MBBS 4th Year) –</b> | <b>2<sup>nd</sup> Position</b> |
| 4. | <b>Ms. Dua Rasool (MBBS 5th Year) –</b>    | <b>3<sup>rd</sup> Position</b> |

The Rector FUI presented certificates and cash prizes to all the participants, winners and coordinating faculty members. He lauded the efforts of FUI faculty members, Dr. Fatima Kaleem and Dr. Umme Farwa of Pathology Department for their supervision of the students and serving as a Jury Member of the event. He also presented certificates, as a token of appreciation, to Brig. Prof. Dr. Tariq Sarfraz (Retd), HoD Pathology, and Dr. Ayesha Ghassan, Dept of Medical Education, for their coordination in ensuring FUI's participation in the event.

## FUI ACHIEVEMENTS



Dr. Iffat Rohail, Professor, Department of Psychology, FURC won a grant worth Rs. 5.8 million, under HEC National Research Program for Universities (NRP-U).

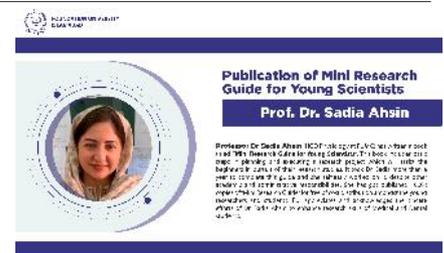


Dr. Babur Salim, Associate Professor, Rheumatology Department, FUMC has secured a research grant amounting to USD 2000 from the Global Rheumatology Alliance (GRA) under GRA ILAR Grant Program for his research project titled “Effect of Disease Activity on the Clinical Outcome of SARS CoV2 in Patients with Underlying Rheumatic Diseases.



Dr. Babur Salim, Associate Professor Rheumatology Department published a book on Rheumatology titled *Rheumatology the Basic Concepts*. Dr. Babur Salim has also documented a new non-invasive clinical sign titled “Babur's Sign” for evaluation of wrist joint synovitis for rheumatoid arthritis patients. He discovered this sign while working on an HEC Funded NRP-U Research Project. The research was validated using an ultrasound machine purchased through the same project.

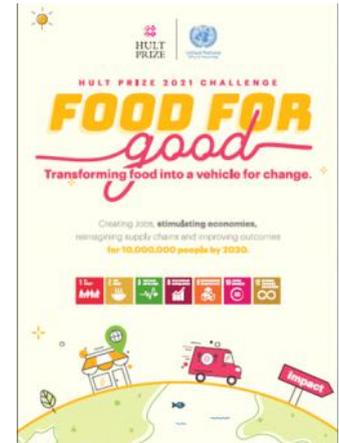
Professor Dr. Sadia Ahsin, HOD Physiology at FUMC, has written a book titled “Mini Research Guide for Young Scientists”. She got 1000 copies of “Mini Research Guide” published free of cost for distribution amongst the young researchers and students.



## FUI ACHIEVEMENTS



Dr. Numair Ahmed Sulehri from the Faculty of Management Sciences FURC won Third Gross Prize in 28th PM Open Golf Championship. The prize was presented by General Muhammad Aziz Khan NI, HI, TBt. Dr. Fahmida Mirza, Federal Minister for Inter-Provincial Coordination, also graced the prize distribution occasion.



Foundation University Business Incubation Center's start-up IT Oxa participated in Hult Prize 2021 challenge in Islamabad Impact Summit 2021 (online) on February 18, 2021 and was selected for the regional final.

Foundation University Islamabad has become an Associate Member of International Network of Quality Assurance Agencies in Higher Education (INQAAHE) on March 17, 2021. This membership is evidence of FUI's commitment towards making it a quality conscious Higher Education Institution.



Mr. Muhammad Khurram Shaheen, PhD Management Sciences, Department of Business Administration, defended his thesis on April 08, 2021. He, under supervision of Dr. Ajmal Waheed, worked on the topic, "Impact of creativity requirement on incremental and radical creativity: A moderating mediating model".



Mr. Muhammad Mansoor, Department of Business Administration, successfully completed his PhD on April 28, 2021. He worked under the supervision of Dr. Nazima Ellahi, HOD Economics and Finance, on the topic, "Corporate Governance and Credit rating of Islamic Banks: Moderating role of Shariah Governance Attributes".

Prof. Dr. Furqan Ahmed Siddiqi, Principal/Dean Foundation University Institute of Rehabilitation Sciences, was nominated as member of the accreditation committee by the Higher Education Commission (HEC) for the accreditation of the newly-built campus of Zia-ud-Din University in Sukkur. The accreditation committee paid a visit to the new campus in Sukkur on April 09, 2021.



Mr. Bilal Zaman, owner of "Dxer Tech", Foundation University Business Incubation Center ( F U B I C ) participated in the "TiE University Global Pitch Competition". Dxer Tech FUBIC is the first ever Pakistani startup that has participated in the "TiE University Global Pitch Competition". A total of 526 start-ups from seven different countries (40+cities) around the globe participated in the competition, out of which Dxer Tech of FUBIC qualified for the semi final.



An International Olympiad/Quiz for medical students was organized in the subject of Microbiology and Virology by S.D Asfendiyarov Kazakh National Medical University on May 25, 2021. 12 of FUI's brilliant students from 3rd, 4th and final year of MBBS participated in the International Olympiad under the supervision of Dr. Fatima Kaleem, Associate Professor of Microbiology and Dr. Umme Farwa, Associate Professor of Microbiology. There were 107 participants from multiple countries divided into 3 different languages (Kazakh, Russian and English) and only 43 managed to enter the second stage of the quiz. Among these participants, 4 students of FUMC secured the first three positions in English section of the Olympiad/Quiz. Dr. Fatima Kaleem, was also nominated as a Jury member and represented FUI at this international forum.

Dr. Fatima Kaleem, Assoc Professor of Microbiology

- 1st position: Abeeha Zia – 4<sup>th</sup> year MBBS
- 2nd position: Muhammad Hamza Riaz & Ali Asif Rana – 4<sup>th</sup> year MBBS
- 3rd position: Dua Rasool – Final year MBBS



Professor Dr. Rozina Nazir, Dean FUCD and Professor Dr. Amjad Mehmood published a book titled "SORT Programme-A Structured Orthodontic Residents' Training Programme". This book, intended for four-year postgraduate degree/ diploma in Orthodontics, is proposed with an intention to standardize orthodontic training across the country.

## FUI ACHIEVEMENTS

N1 developer team from the Department of Software Engineering, Foundation University Islamabad achieved 1<sup>st</sup> position in regional finals (North Region) of Microsoft Imagine Cup 2021. HEC and Microsoft jointly sponsored the event where 600 teams from all over Pakistan presented their innovative projects to multiple panels of judges in different regions. The team members were Mr. Usama Bin Tariq, Mr. Nauman Shah and Mr. Ali Muslim of BCSE program, batch Fall-2017 who worked under the supervision of Ms. Asma Naveed from the Department of Software Engineering. Microsoft Image Cup announced a 50,000 cash prize for the FUI's students. Pro-Rector FURC delivered his speech at the closing ceremony of Imagine Cup. During his speech, he appreciated the hard work of the students and the supervisor.



## ALUMNI SUCCESS STORIES



Saiyida Tasmeeera a PhD graduate of FURC founded House of Wellness to offer culturally adapted counselling to her clients. She is also the Director of organizational psychology platform called MYMACOM besides heading an international venture of trainings for British Council DICE from Pakistan.



Ramsha Hayat graduate of BCA, FURC, started ARDOR Marketing from scratch and made the market feel its presence within a short time.



Dr. Faiza Shafiq a gold medalist from FUIRS has earned the status of licensed physical therapist in the UK.



Captain Mirza Waseem Sajjad (Army) a proud alumna of BS Psychology Foundation University is currently serving in Pakistan Army as a psychologist.

### WELCOMES

#### Foundation University Islamabad Secretariat

- Maj. Gen. Nasir Dilawar Shah, HI (M), (Retd)-Rector FUI-February 2021
- Dr. Saduq Fatimah-Deputy Registrar (Medical) FUI-February 2021
- Lt Col (Hon) Muhammad Ayub TI (M) (Retd)-Manager Admin & HR FUI-April 2021

#### Foundation University Islamabad Campus

- Brig. Dr. Tariq Sarfraz (Retd)-Professor Histopathology FUMC-March 2021
- Dr. Noreen Farid-Assistant Professor Forensic Medicine FUMC-March 2021
- Dr. Maroosh Mirza-Demonstrator Anatomy FUMC-March 2021
- Dr. Samra Hassan-Demonstrator Anatomy FUMC-March 2021
- Dr. Hiba Fatima-Demonstrator Anatomy FUMC-March 2021
- Dr. Sidra Ashfaq-Demonstrator Biochemistry FUMC-March 2021
- Dr. Aqsa Sajjad-Demonstrator Forensic Medicine FUMC-March 2021
- Dr. Shahbana Abbas-Demonstrator Pathology FUMC-March 2021
- Dr. Saad Mansoor-Demonstrator Prosthodontics FUCD&H-March 2021
- Dr. Noshreen Mustafa-Demonstrator Anatomy FUCD&H-March 2021
- Dr. Sana Ehsan-Demonstrator Anatomy FUCD&H-March 2021
- Dr. Maryam Naseem-Demonstrator Physiology FUCD&H-March 2021
- Dr. Saad Mansoor-Demonstrator Prosthodontics FUCD&H-March 2021
- Dr. Pushmina Hira-Demonstrator Prosthodontics FUCD&H-March 2021
- Dr. Suban Arshad-Demonstrator Oral & Maxillofacial Surgery FUCD&H-March 2021
- Dr. Amal Farooq-Demonstrator Oral Biology FUCD&H-March 2021
- Dr. Abdul Mateen-Assistant Professor Dental Materials FUCD&H-May 2021
- Dr. Abul Qadir-Assistant Professor Dental Materials FUCD&H-May 2021

#### Foundation University Rawalpindi Campus

- Brig. Dr. Anwar Hussain (Retd)-Assistant Professor Allied Pool Subjects (Mathematics)
- Ms Nishat Ansar-Lecturer Arts & Media FURC-February 2021
- Mr Sahibzada Aziz Jibran-Lecturer Arts & Media FURC-February 2021
- Dr. Mehwish Zahoor-Lecturer English FURC-February 2021

- Mr Muhammad Usman-Lecturer Management Sciences FURC-February 2021
- Dr. Tahir Farid-Assistant Professor Psychology FURC-February 2021
- Dr. Sadaf Iqbal-Assistant Professor Psychology FURC-February 2021
- Ms Fizzah Najam-Lecturer Management Sciences FURC-February 2021

### GOODBYES

#### Foundation University Islamabad Secretariat

- Maj. Gen. Changez Dil Khan, HI (M), (Retd)-Rector FUI-February 2018 to January 2021
- Mr Muhammad Anjum Ilyas-Web Developer FUI-December 2018 to June 2021

#### Foundation University Islamabad Campus

- Dr. Samra Hassan-Demonstrator Anatomy FUMC-March 2021 to May 2021
- Dr. Rafey Ahmed Jameel-Assistant Professor Oral Biology FUCD&H-February 2020 to February 2021
- Ms Madiha Mukhtar-Senior Lecturer FUCN-November 2020 to February 2021
- Dr. Sehrish Jahan Asif-Senior Registrar Medicine FUMC-November 2018 to March 2021
- Dr. Hira Mateen-Demonstrator Dental Material FUCD&H-July 2019 to February 2021
- Dr. Muhammad Umair Dastagir Bhatti Professor & HoD Community Dentistry-FUCD&H-December 2019 to February 2021
- Dr. Muhammad Rizwan Professor & HoD /Associate Dean Basic Dental Sciences Oral Pathology-FUCD&H-December 2019 to February 2021
- Dr. Anam Ahmed Niazi Demonstrator Paediatric Dentistry-FUCD&H-July 2019 to February 2021
- Dr. Sumbal Khan Demonstrator Anatomy (BDS)-July 2019 to January 2021
- Dr. Amna Wazir Demonstrator Anatomy FUMC-February 2019 to January 2021
- Dr. Ayesha Ali Demonstrator Anatomy FUMC-March 2015 to January 2021
- Mr. Sajjad Ahmad Assistant Professor FUCN-March 2020 to February 2021
- Dr. Muhammad Usman Ali Demonstrator Forensic Medicine FUMC-January 2021 to February 2021
- Mr Muhammad Imran Assistant Professor FUCN-January 2020 to May 2021
- Dr. Faiza Gulfam Senior Registrar Oral Biology FUCD&H-February 2019 to April 2021
- Brig. Dr. Pervaiz Ahmad Aftab (Retd) Assistant Professor Surgery FUMC-August 2019 to April 2021

### Editorial Board

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