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Research Area: Cardiac Rehabilitation, Pulmonary Rehabilitation, Exercise Science, Physical Fitness

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Qualification: PhD Scholar Rehabilitation Sciences

Specialty: Cardiopulmonary Physical Therapy

Academic Background:

- **PhD in Rehabilitation Sciences*** (Sept 2018 till date) from Isra Institute of Rehabilitation Sciences, Isra University Islamabad
- **Masters in Cardiopulmonary Physical Therapy** (March 2015- January 2017) from Riphah College of Rehabilitation Sciences, Riphah International University Islamabad (**Gold Medalist**)
- **Doctor of Physical Therapy** (January 2010- February 2015) from Riphah College of Rehabilitation Sciences, Riphah International University Islamabad (**Gold Medalist**)