



FOUNDATION UNIVERSITY ISLAMABAD

# Newsletter

SUMMER 2020



STATUTORY BODIES' MEETINGS	02	NEWS & EVENTS	10
ORIENTATIONS	03	ACHIEVEMENTS	13
LINKAGES	04	ALUMNI SUCCESS STORIES	14
SEMINARS AND LECTURES	05	SPORTS	15
TRAININGS AND WORKSHOPS	07	WELCOMES & GOODBYES	16

# STATUTORY BODIES' MEETINGS

## Executive Committee Meeting

The 29<sup>th</sup> Executive Committee Meeting was chaired by the President Foundation University Islamabad, Lt Gen Tariq Nadeem Gilani (Retd) on March 06, 2020 at Fauji Foundation Head Office. The meeting started with the recitation from the Holy Quran. Thereafter, the Registrar FUI highlighted the agenda points to be discussed during the meeting followed



by the presentation of an executive summary of the progress made by the University over the last year. The Registrar apprised the meeting of the implementation of the decisions of the 28<sup>th</sup> Executive Committee Meeting. The Committee, after due deliberations and minor modifications, approved the recommendations.

## Board of Governors Meeting

The 28<sup>th</sup> meeting of the BOG was to be held in May 2020. However, due to COVID-19, it was considered appropriate to circulate the agenda points along with working papers to all worthy members for their consideration and approval. The members of the BOG including Lt Gen Ikram ul Haq HI (M) (Retd) and Mr. Waqar Ahmed Malik, President FUI, unanimously confirmed the proceedings of the 27<sup>th</sup> BOG. The recommendations of the ECM circulated to the BOG members were also formally approved.

## Academic Council Meeting

The 24<sup>th</sup> Academic Council Meeting was held on July 01 and 02, 2020 under the chairmanship of Rector FUI at FUIC Auditorium. In the meeting, council was apprised of the implementation and progress of the decisions of 21<sup>st</sup>, 22<sup>nd</sup> & 23<sup>rd</sup> ACM. Due to COVID-19 situation, a number of members joined the meeting online whereas all Directors, Principals, Deans and HODs along with FUI secretariat staff and Chair attended the meeting in person. Various members of the council presented the recommendations of Boards of



Faculties before the Council. The Council, after due deliberation and minor modifications, approved the recommendations. At the end of the meeting, the chairman lauded the efforts put in by the Registrar Branch and FUI team, and paid special thanks to external members for their valuable input.



## President FUI Visits Foundation University Islamabad

President FUI, Mr. Waqar Ahmed Malik accompanied by Secretary COA, FFHO visited Foundation University Islamabad on August 11, 2020. The Honourable President was received at the Secretariat by the Rector. He was introduced to all Deans, HODs and seniors officials of the university. The President was briefed by the Registrar about the university matters. This was followed by an orientation



tour to Foundation University College of Dentistry & Hospital, Foundation University Medical College, Foundation University College of Nursing and Foundation University Institute of Rehabilitation Sciences. Respective Principals briefed him about different departments and their functioning. The President expressed his satisfaction over the progress made by the University.



# ORIENTATIONS

## Foundation University College of Dentistry

The orientation day for BDS was held on December 23, 2019. The day started with the arrival of parents, students and guests who were escorted around for a visit to the campus. Director FUIC, Maj Gen Jawad Khaliq Ansari, HI (M) (Retd), addressed the audience and enlightened the students



about the journey they were about to embark. This was followed by the Hippocratic Oath taking ceremony. In the end, warm closing remarks were given by the chief guest, Rector FUI, Maj Gen Changez Dil Khan HI (M) (Retd).

## Foundation University Medical College

The Orientation week, for MBBS Batch 2020-2024, began on December 23, 2019 at FUMC. During the week, students were given introduction by Basic Sciences Departments



and an elaborate tour of each department was offered. Curricular Road Map was presented by the HOD DME, unveiling 5 years of medical education at FUMC. The highlights of the week were alumni talks, university briefings, informative sessions on ethics and professionalism, mentoring, Problem Based Learning and how to study in medical school.

## Foundation University College of Nursing

FUCN organized a ceremony to welcome the 2nd batch of BS Nursing and Post RN BS Nursing on January 16, 2020. Lamps were lit to pay tribute to the founder of modern nursing, Florence Nightingale followed by oath-taking ceremony which was conducted by Capt Yasmeen Saggi (Retd), Principal FUCN.



## Foundation University Rawalpindi Campus

FURC organized a two-day orientation session for the students of Spring 2020 on January 29 and 30, 2020. On day one the Pro-Rector/Director FURC Brig. Dr. Abdul Ghafoor



(Retd) welcomed the students to the FURC family and assured them that his team would go all out to support their educational endeavours and help them realize their dreams. On the second day students visited various facilities on the campus.

## Foundation University Institute of Rehabilitation Sciences

Welcome Ceremony of DPT Spring-2020 was held on February 10, 2020. The Guest of Honor of this event was Dr. Samira Malik, former Consultant Physiotherapist at Pakistan Institute of Medical Sciences (PIMS). Dean FUIRS, Prof. Dr. Furqan Ahmed Siddiqi, gave a welcome speech to the new DPT students followed by oath-taking ceremony. In her address, the Guest of Honor appreciated the students for choosing physiotherapy and wished them a very bright and successful future.



# LINKAGES

## MOU with National Vocational & Technical Training Commission (NVATTC)

The MOU Signing Ceremony between FUSC and NVATTC was held at Regional Office NVATTC, Lahore on February 24,



2020. Dr Mahmood Ahmad Bodla, Director Sialkot Campus (FUSC) and Mr. Rana Muhammad Saleem Afzal, DG NVATTC (PUNJAB) signed the MOU.

## MOU with Pakistan Institute for Conflict and Security Studies (PICSS)

FUI and PICSS signed an MOU on February 25, 2020 at FURC. Pro-Rector FURC, Brig Dr. Abdul Ghafoor and Managing



Director PICSS, Mr. Abdullah Khan signed this agreement aimed at collaboration between academics and wider society.

## Letter of Interest Between FUI and Bournemouth University (BU), UK

FUI and Bournemouth University (BU), UK signed an MOU on March 11, 2020. The Letter of Interest will benefit the students and faculty of both the universities in the areas of academics including joint conferences. In addition, the



summer school activity will facilitate potential collaboration or partnership arrangements.

## MOU with Naresuan University (NU), Thailand

FUI and NU, Thailand signed an MOU on June 9, 2020, to cooperate in the areas of mutual interest in the domains of



Management Sciences, Engineering & IT, Health Sciences, and Arts and Social Sciences.

## MOU with National Institute of Electronics (NIE)

FUI and NIE, Ministry of Science and Technology, have joined hands to enhance joint research and development in the field of electronics/electrical engineering. Director General NIE, Mr. Abdul Majeed Soomro and Pro-Rector FURC, Dr. Abdul Ghafoor signed the document on June 12, 2020.



# SEMINARS AND LECTURES

## Session on National Research Program for Universities (NRPU)

ORIC FUI organized an orientation session on NRPU to spread awareness among faculty members and researchers of all FUI campuses on December 27, 2019. The aim was to raise awareness about NRPU, motivate researchers and



provide them advice and guidance. Dr. Zain ul Abidin, Director General R&D, HEC, Mr. Hummad Abbas, Manager TDF, HEC and Dr. Muhammad Ishtiaq Ali, Associate Prof and Director Academics, QAU graced the orientation session as resource persons. Mr. Hummad briefed the audience about revised NRPU policy, budget, eligibility criteria, and application and evaluation procedures. Dr. Zain addressed the participants' queries regarding different aspects of NRPU program. Dr. Ishtiaq shared his knowledge, experience and expertise and guided the participants about writing grant applications, winning aspects, reasons of rejection and precautionary measures. Around 70 FUI faculty members and researchers participated in the session.

## Human Rights Awareness Campaign

On January 01, 2020, a session on Human Rights was held at FURC. This session was conducted by Dr. Nida Abbas and



Ms. Maria Taimoor Khan. The students were introduced to the fundamentals of human rights, and their typology. Moreover, they were specifically guided about certain pertinent human rights issues and instances that they may undergo particularly at this age. The session aimed to develop an understanding fundamental human rights.

## The Role of Failure in Success

On February 06, 2020, FURC hosted Mr. Ali Asif, Life Coach and Motivational Speaker, Graduate Anglia Ruskin University, Vice President Microsoft Speakers Club, for a talk on 'The Need of Failure for Success'. Mr. Asif was on his South Asian Tour (Pakistan, India and Bangladesh) to promote his mission 'Unleash your Inner Genius' and FURC



had the honour of being the only University in Pakistan to host him for a talk with its students. His mission (as a British Pakistani) is to promote Pakistani talent on the global front and to create a positive narrative of Pakistan through its youth's voice.

## Hazards of Drug Abuse

In accordance with the MoU signed with Anti Narcotics Force (ANF), Department of Psychology, FURC arranged a lecture by the Force Commander ANF North Region, Brig.



Syed Mubasher Hassan Kazmi on February 26, 2020. The lecture was very informative and conveyed a message to the students about the hazards of drug usage. The lecture was divided into 3 phases. In the first phase the worthy speaker told about the dangers of addictive drugs. In the second phase, he explained how young students are trapped into this menace. In the last phase, the precautions to be taken against the drug addiction were explained.

## Awareness Session on Coronavirus Outbreak

The Department of Management Sciences FUSC in collaboration with Student Affairs Office organized an awareness session on March 04, 2020 on Coronavirus



Outbreak. Mr. Muhammad Kashif, Lecturer DMS was the keynote speaker. Mr. Kashif enlightened the audience about the history of coronavirus and its sources. He highlighted the various symptoms and discussed the steps to be taken in order to curb the spread of Coronavirus. Moreover, global economic implications of the virus were also discussed in

detail. At the end of the session, emergency helpline number was disseminated.

**Transforming the Digital Landscape of Pakistan through Fin techs**

Executive Vice President JS Bank, Mr. Noman Azhar visited FURC on March 04, 2020 to speak to the students and faculty of Software Engineering, Computer Sciences and



Management Sciences regarding “Transforming the Digital Landscape of Pakistan through Fin techs”. He urged the audience to develop localized digital solutions to empower the people of Pakistan. The interactive talk ended with the announcement of “Idea Challenge” with a prize of PKR 100,000.

**Challenges in Today's World**

The placement office of Faculty of Management Sciences at FURC, organized a seminar on Challenges in Today's World, under the MoU with Career Pakistan, Talk World Program on March 05, 2020. Mr. Mujeeb Zahoor, Managing Director S&P Global was invited as the guest speaker to address the



students and faculty. The seminar started with the discussion on main challenges which every entry-level employee faces. The key discussions were about practicality, acceptance, openness, time management and drive to learn. Towards the end of the session, the guest speaker explained how a current and a potential employee can prepare for the future.

**Significance of International Relations in 2020**

A seminar Significance of International Relations in 2020 was organized by the students of BSMC 2A under the supervision of Ms Ummul Baneen, Assistant Professor, Department of Arts and Media on March 09, 2020. Dr. Asad Ali Shah, Associate Professor, Iqra University was the resource person. While addressing the seminar, he said that understanding of International Relations has great significance as it plays an effective role in the growth of nations and economy. The purpose of organizing this seminar was to discuss Pakistan's relationship with other countries and to spread awareness among students about



current topics like Coronavirus, Aurat March, Cyber Development, US Afghan Peace MOU and other global issues.

**Tourism in Pakistan: Opportunities and Challenges**

Department of Tourism and Hospitality organized a seminar Tourism in Pakistan: Opportunities and Challenges on the March 11, 2020 at FURC. The Department invited Mr. Aftab-ur-Rehman Rana, who has



been associated with the tourism industry since 1988 and has worked as a tourism consultant with USAID and the World Bank for tourism projects in Khyber Pakhtunkhwa, Punjab and Gilgit Baltistan for the development of regional tourism policies. He highlighted the exponential growth potential in this sector and encouraged novice entrepreneurs to explore this area.

**Challenges of Parents with Special Need Children due to COVID-19**

Foundation Autism Wing at Psychology Clinic of FURC arranged a webinar “Challenges of Parents with Special Need Children due to COVID-19” on May 02, 2020. The webinar was supervised by Head of Department of Psychology, Brig. (R) Dr. Tanvir Akhtar and hosted by Dr. Nadia Shafique, Assistant Professor. The keynote speaker, Ms. Arzoo Malik, Consultant-Inclusive Educator in Canada, shared her experiences and gave beneficial advice to participants. Dr. Aneela Maqsood, Chairperson, Department of Behavioral Sciences, also joined the meeting. There were a total of 25 participants who took a keen interest and discussed various behavioral issues of their children and Ms. Arzoo gave valuable advice to them.



**Learn Practical Strategies to Deal with Behavioural Difficulties of Children with Autism During COVID-19**

A webinar titled Learn Practical Strategies to Deal with Behavioral Difficulties of Children with Autism during COVID-19 was conducted on May 07, 2020. The resource person was Ms. Zahra Masum, Board Certified Behavior Analyst from Canada. Ms. Zahra gave a presentation on





**How to Pitch Perfect**

FUBIC held a training session “How to Pitch Perfect” for Microsoft Imagine Cup finalist, Hult Price regional finalist



and Incubates on February 07, 2020. Manager BIC, Mr. Taimoor Hassan conducted the training session.

**Outcome Based Education**

Department of Quality Assurance (DQA) organized a training session on Outcome Based Education (OBE) for the Faculty of Rehabilitation Sciences on February 08, 2020. Dr. Nabeel Ali Khan, Associate Professor, Department of Electrical Engineering, FUI was the Resource Person. The



training aimed at delivering the knowledge to develop the Program Learning Outcomes (PLOs) and Course Learning Outcomes (CLOs) for Doctor of Physical Therapy (DPT) curriculum.

**Workshop on Critical Thinking**

The Department of English at FURC held a workshop on Critical Thinking on March 11, 2020. Dr. Shaheena Ayub Bhatti, Director Women Research and Resource Center at Fatima Jinnah Women University, was invited as the guest speaker. She based the session on promoting the concept of Critical Thinking. The participants were divided into groups of three and were provided with literary texts to comprehend and analyse. The resource person invited the members of the groups to share their analysis of the given texts and encouraged them to develop a critical eye. Dr. Bhatti briefed the students about the importance of understanding a text from a critical perspective and highlighted the basics of formulating a sound argument.



# VISITS

**Pakistan Institute for Conflict and Security Studies**

Students of BSMC 6<sup>th</sup> Semester along with faculty members visited Pakistan Institute for Conflict and Security Studies (PICSS) Islamabad on January 02, 2020. The students were



given a presentation by the Managing Director of PICSS about the functioning of the organisation, their research database and the external relations with various diplomatic missions in Islamabad.

**University of Baltistan, Skardu Visits FURC**

A delegation consisting of around 75 students and 5 faculty members along with the university Registrar from the University of Baltistan, Skardu visited FURC on January 02, 2020 for study tour. Guests were received at reception and a brief presentation was given in FURC seminar hall to the



delegation about FF, FUI and FURC by HODs of all the departments followed by a campus tour. In the closing event the Registrar of University of Baltistan, Skardu was presented FUI shield.

**Rawalpindi Arts Council**

Students of the Department of Arts & Media visited Rawalpindi Arts Council under the supervision of Assistant Professor Dr. Ghulam Safdar and attended "Clean & Green Pakistan" event on January 19, 2020 organized by Crystal



Marketing & Event Management in collaboration with Rawalpindi Arts Council. The aim of the event was to raise awareness among the public, especially students to play their part in making Pakistan clean and green.

### Japanese Defence Attache Visits FUI

Japanese Embassy Defence Attaché Colonel Mamoru Nanjo visited FUI on January 20, 2020 where he was welcomed by Rector FUI, Maj Gen Changez Dil Khan HI (M) (Retd) along with other FUI officials. The distinguished guest was briefed about the progressive steps being taken by the University for Quality Education and was presented the University



plaque by the Rector FUI. Later Mr. Nanjo visited FUCD, FUIRS, and FUCN where he penned down his views in the visitor's book.

### Visit by the Malaysian Delegation

A delegation from Malaysia comprising eight members visited FUI on January 23, 2020. The delegation was received by the Rector FUI, Maj Gen Changez Dil Khan HI (M) (Retd) along with other university officials. The Registrar FUI briefed the honourable guests about the historical



background, functions and academic activities being carried out in the University. During the meeting different facets of collaboration in future were also discussed. Rector FUI presented the University plaque to the Malaysian delegation. This was followed by a campus visit.

### BIC Delegates Visit HEC

FUBIC's delegates, Manager FUBIC, Mr. Taimoor Hassan, CEO Digital Sight, Mr. Osama Awan, Mr. Abdul Sabur Zia (Funkaar), Ms Amna (Brain Designer) met Director IT HEC Mr. Ch Abdulla Fayyaz Chattha and his team at HEC on February 06, 2020. FUBIC incubates were briefed about HEC Event website and HEC Web TV and how new start-ups can join and contribute to such platforms.

### Mushkpuri Top

FURC organised an adventure trip to Mushkpuri Top on February 22, 2020. One hundred and sixteen students and faculty members/staff joined and made it a successful and memorable event.



### National Institute of Electronics

A delegation from National Institute of Electronics (NIE), Ministry of Science and Technology visited the department of Electrical Engineering (DEE) at FURC on February 25,



2020. The delegation included the Director General Mr. Abdul Majeed Somroo, Director Technical Services Mr. Muhammad Kamran and Head of Quality Testing Mr. Faisal Paracha. The delegation was shown various laboratories of DEE prototypes developed by the students for their Final Year Projects, and were briefed on research projects in process. Both the institutions agreed to work on joint technology-driven activities to foster research in the latest technologies.

### Chief Financial Officer Kohinoor HITEC Pvt Ltd

The Chief Financial Officer of Kohi Noor HITEC Pvt Ltd Mr. Abdul Shakoor visited FUBIC on March 11, 2020 and interacted with start-up Digital Sight and discussed various



avenues in the mass marketing of their brands, Toshiba Pakistan and Boss Home Appliances.

### Pakistan Engineering Council

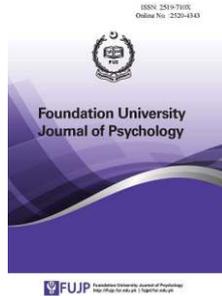
A team from Pakistan Engineering Council (PEC) visited FURC on March 13, 2020 and met the employers' representatives and alumni of the Department of Electrical Engineering. The PEC representatives discussed different aspects of electrical engineering profession and took feedback of the participants. One of the key suggestions appreciated by PEC was the introduction of user application for registered engineers.



# NEWS AND EVENTS

## Recognition of Foundation University Journal of Psychology (FUJP) by HEC

The Foundation University Journal of Psychology was launched in 2017. After just three years, the journal has been upgraded to 'Y' category. This is a huge milestone for the journal, the department and the university and reflects the sustained commitment to research. The call for papers for next issue is also out which invites papers related to the COVID19 pandemic.



## 35<sup>th</sup> SPELT Conference held at FURC

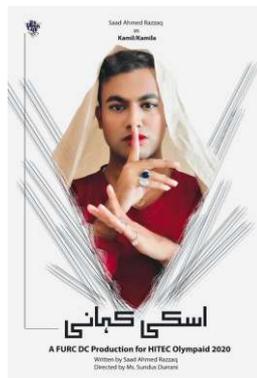
35th SPELT conference, convened by the Islamabad Chapter for Society of All Pakistan English Teachers was hosted by



Foundation University Rawalpindi Campus on 21-22 December 2019. The event elicited interest of participants and presenters from schools, colleges and universities around the country. Around 70 speakers including four international speakers, shared their expertise and researches through presentations and workshops, in which they shared their best practices and explorations in the area.

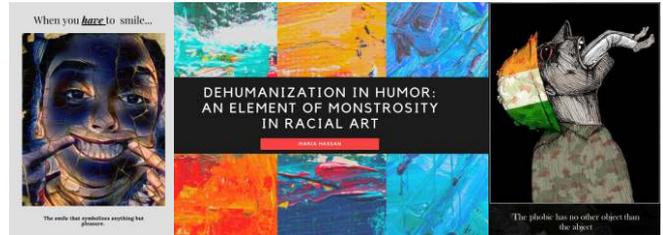
## Uski Kahani - Drama Performance

The FURC Drama Club performed *Uski Kahani* at HITEC Olympiad'20 on March 5, 2020. The drama was written by Saad Ahmed Razaq and directed by Ms. Sundus Durrani. Senior Lecturer in the Department of English. The cast and crew included BS English students from different semesters. *Uski Kahani* was a success and bagged two awards and two nominations. The drama won an award for the Best Production and the received second position in the competition. Two performers Saad Ahmed Razaq and Sana Hameed were also nominated in the Best Actor category.



## Monster Studies Art Exhibition

The students of MS English Literature presented their final projects in a Visual-Art Exhibition on 7<sup>th</sup> July 2020. Under the supervision of Ms. Sundus Durrani, the students created digital posters related to Monster Studies. The topics



included: Depression: The Monster Within, Drug Abuse: The Real Monster, He Who Gives Life to a Monster Makes it Destructive, Cultural Differences: A Catalyst to Monstrous Representation of Pakhtoon, and The Power of Horror Abjection: An Exhibition on Monstrosity in Occupied Kashmir among others.

## International Anti Corruption Week

As a part of the awareness campaign, NAB Rawalpindi observed International Anti corruption Week from



December 02-09, 2019 and involved students to create awareness against corruption. Anti-Corruption Week 2019 was inaugurated by NAB in which different activities were conducted. Under the supervision of Character Building Society a number of students from various departments participated in English and Urdu declamation contests, English essay writing, painting and skit competitions.

## Earth Week

FURC Environment Club is committed to sustainable development through environmental protection, social responsibility, and economic progress. FURC celebrated



"Earth Week 2019" from December 09-12, 2019. Activities such as No Smoking Day and Seed Stash Day were organized to raise awareness about climate change and environmental issues.

## TV Programme on Rights of Persons with Disabilities

Dean FUIRS, Prof. Dr. Furqan Ahmed Siddiqi, and Associate



Dean Clinical FUIRS, Dr. Naureen Tassadaq, were invited to a live TV programme titled, "45 Minutes" on PTV News, Islamabad on December 14, 2019, to share their knowledge and shed light on the important topic of "Rights of Persons with Disabilities".

### Free Assessment Camp by Foundation Autism Wing

A free assessment/intervention camp was organized at the Foundation Autism Wing in the Psychology Clinic of FURC



on December 14, 2019. Around 20 parents from different areas of Rawalpindi/Islamabad joined. Apart from offering hands-on training for faculty and students, it delivered commendable service to the community.

### Debate Competition

Foundation University Debates and Declamation Society conducted Interdisciplinary Debates Competition 2019 in



collaboration with Character Building Society, on Tuesday, December 24, 2019 at Seminar Hall, FURC. 30 students participated in the debates competition. The winners were awarded shields and the participants were given participation certificates.

Following are the details of the winners:

### English Competition

- a. Tehreem Siddiqi BSMD-2 1<sup>st</sup> Position
- b. Salaar Imran BSCS-3 2<sup>nd</sup> Position
- c. Mominah Ambreen BSCP-5 3<sup>rd</sup> Position

### Urdu Competition

- a. Zain ul abideen BCSE-3 1<sup>st</sup> Position
- b. Hamza Afsar BSMD-1 2<sup>nd</sup> Position
- c. Amna Shahid BSCP-4 3<sup>rd</sup> Position

### Farewell to Brig. Salawat Jadoon SI (M) (Retd)

A ceremony was organized at FUI Secretariat on January 24, 2020 to bid farewell to Brig Salawat Khan Jadoon SI (M) (Retd), Registrar FUI. In his goodbye speech Rector FUI, Maj Gen Changez Dil Khan HI (M) applauded his more than three



years of service and achievements at FUI and wished him best for his future endeavours. His dedication, accomplishments and personal integrity will be forever remembered.

### Kashmir Day- FUIC

FUIC observed Kashmir Day on February 05, 2020 with full zeal to support the Kashmiri freedom struggle and to express solidarity with the Kashmiri people. A seminar was organized in FUIC Auditorium where Prof Dr. Nazir Hussain, Director School of Politics & International Relations. He



delivered a talk on historical perspective of Kashmir. After the seminar, Kashmir solidarity walk was held in which Rector FUI, Director FUIC, senior officials of FUI, Deans, Associate Deans, Faculty staff and students of FUIC participated to reassure Kashmiris that they are not alone in their struggle for freedom.

### Kashmir Day Painting Competition-FURC

On February 06, 2020, a painting competition on Kashmir Day was organized by the BCA program, Department of Arts and Media to express solidarity with their struggle for



independence. Students presented their ideas through painting the life of Kashmiri people fighting for freedom. The students employed pastels, acrylics and oil paints to depict a colourful array of scene.

**Recruitment Drive by Ideas (Gul Ahmed Textiles Ltd)**

On February 11, 2020, Dept of Business Administration in collaboration with ORIC + BIC arranged "Recruitment Drive by Ideas (Gul Ahmed Textiles Ltd)" for the fresh BBA and MBA graduates of FURC. The HR representatives of Ideas interviewed the applicants for the position of Graduate Trainee Officer. Moreover, queries of students of last semester, who wanted to start their career in retail industry were also answered.



**Recruitment Drive by Zameen.com**

A recruitment drive by Zameen.com was held at FURC on February 19, 2020 for 6 different positions ranging from customer service to sales. This talent hunt event was jointly organized by ORIC and Faculty of Management Sciences. 26 applicants were interviewed by a panel of HR Business Partner and Assistant Manager. The panel appreciated the competence and skill sets of the candidates.



**Cultural Health Festival 2020**

A Cultural Health Festival was celebrated on February 28, 2020 at FUCN. The colourful event successfully brought together all cultures of Pakistan. Students organized various stalls to represent the culture of each province, and highlighted prevailing myths, values, beliefs and practices and health issues, specifically related to culture through role plays and shared comprehensive information through posters and flip charts.



**Sukhan Magazine Launch**

A magazine named "Sukhan" was launched by BS Media and Communication, Semester 8, under the supervision of Mr. Muhammad Usman, Lecturer Arts & Media Department. The launch took place at the FURC Art Studio on March 04, 2020. It offered an opportunity for students to get their content published and to gain practical experience in publicity. Dr



Ashfaq Ahmad, Head of the Department along with the faculty of Arts & Media attended the ceremony.

**World Health Day**

Department of Community Medicine, FUMC has been organizing "World Health Day" annually for more than a decade. This year it was planned on 7th April 2020 but due to the prevailing COVID -19 Pandemic and closure of the institute, it was designed differently. The theme of the day was "The International Year of the Nurse and the Midwife". An awareness and motivation campaign was conducted on March 05 2020 at Government Boys High School Ghorha



Bartha, Rawalpindi as a pre event activity. The aim of the activity was to encourage and inform high school students regarding male nursing as a profession. Mr Sajjad Assistant Professor FUCN gave a motivational talk on "Mairi Kahani Mairi Zubani". Certificates of Recognition were presented by Dr Shumaila Humayun, Dr Shaista Zulfiqar and 4<sup>th</sup> year MBBS students on March 13, 2020 to the nurses and midwives of Fauji Foundation Hospital and BHU Kotha Kallan, in recognition of their dedication, hard work and the critical role they play in providing health care.

**Launching Ceremony of Prime Minister's Kamyab Jawan Program**

On March 09, 2020 Management of FUSC and FIT in collaboration with NAVVTC organized the Launching ceremony of 'Prime Minister's Kamyab Jawan Program' at FUSC. Chief guest, Minister for Special Education (Punjab), Mr. Ch Muhammad Ikhtlaq and honorable guest advisor to Prime Minister on Youth Affairs, Mr. Usman Dar officially



launched the Kamyab Jawan Program for the People of Golden Triangle (District Sialkot). Director FUSC Prof. Dr. Mahmood A. Bodla, Director Education FFHO, Maj Gen Naseer Ali Khan (Retd), GM Coord & Development, FUI Brig Shah Nawaz Khan (Retd) were also present at this auspicious event. Chief Guest Ch. Muhammad Ikhtlaq appreciated the role of FUSC and FIT for uplifting the skill and professional education in the region with the collaboration of NAVTTTC. The Advisor to Prime Minister also shared his views about the importance of technical education.

## National Conference on Qualitative Psychology

A one day National Conference on Qualitative Psychology was organized by the Department of Behavioral Sciences, National University of Science and Technology, Islamabad (NUST) on March 05, 2020. Six faculty members and 12 students from the department of the Psychology, FURC participated in this conference and presented scientific research papers. The research papers were highly appreciated. It was a good learning experience for the students.

## Coursera for Campus Program

FUI joined the Coursera for Campus Program which enabled FUI Faculty, Alumni and students to access free of cost online training courses on world's most in-demand skills. Coursera has provided access to over 4000 courses and 400 specializations from the leading universities and companies of the world. It's a digital leap towards transforming the learning experience for FUI faculty, alumni and students. Currently, almost 300 learners are enrolled in more than 900 courses at Coursera platform.

# ACHIEVEMENTS

## Best Research Paper Award

Dr. Muhammad Awais, Assistant Professor Finance-Faculty of Management Sciences, FUI presented his research paper titled "Antecedents of Sexual Harassment: A case of Asian



Firm's Financial Performance" at the International Conference on Social Science and Humanities (ICSSH) held on December 10-11, 2019 Sydney, Australia. Dr. Awais was selected as Plenary Speaker and Head of the Conference and received "Best Research Paper Award".

## Islamabad Regionals (Final) of Hult Prize

Automechsol Pvt Ltd, founded by Mr. Qasim Noor and Mr. Muhammad Usama Hussain, incubated at FUBIC, participated in the Islamabad Regionals (Final) of Hult Prize, held at Institute of Space Technology on March 07, 2020. More than 100 universities participated in the event and 60 international and national teams pitched their business ideas in the competition. The project prototype named "PLC Biogas Methanation Plant" of FUBIC team secured 5th position and was awarded cash prize.



## Automechsol Startup incubated at FUBIC

Automechsol Pvt Ltd, a startup incubated at FUBIC, along with Manager UIL Abdul Moeed and Manager BIC Syed Taimoor gave presentation to the representatives of Technology Dept at Fauji Fertilizer Bin Qasim Ltd (FFBL) on March 11, 2020 at FFBL Tower. The purpose of the presentation was to seek technical expertise of FFBL, discuss the possibilities of technology transfer and scaling the business of Automechsol Pvt Ltd, through an MoU signed earlier between FUI and FFBL. Mr. Qasim Noor, Founder and Mr. Muhammad Usama, the Co-Founder, have been offered



technical mentorship. FFBL has agreed to help in marketing and projection of the refined version of the PLC Bio-methane-gas plant in upcoming months.

**FUIRS and UHasselt Secure ERASMUS + Mobility Grants**

A summer school was organized in 2019 by UHasselt in Belgium for students of FUIRS. To pursue long term collaboration, a joint application for ERASMUS+ mobility grants was applied by FUIRS and Faculty of Rehabilitation Sciences, UHasselt. With the combined effort of all the



participants, FUIRS and Hasselt were able to secure two outgoing staff mobilities for FUIRS, one outgoing staff mobility for UHasselt and three fully paid trainee-ships for FUIRS students in Europe via ERASMUS+. With this achievement, FUIRS is the first Rehabilitation Sciences institute in Pakistan to secure an ERASMUS+ mobility grant for its students and faculty.

**Portable Brain Computer Interface (BCI)**

Dr. Muhammad Osama, Lecturer FUIRS and Mr. Muhammad Haseeb Aslam, Bahria University developed one of a kind low cost and portable Brain Computer Interface (BCI) using economized and readily available materials, which can be used as a affordable alternative for the much expensive BCIs, which are also very large and space consuming and require a high level of expertise to operate. A research paper was published in Journal of Pakistan Medical Association,



titled, "Emotiv EPOC+ fed electrical muscle stimulation system; an inexpensive brain-computer Interface for the rehabilitation of neuromuscular disorders", covering the development and clinical significance of this system.

**Membership of HEC's Reviewers Panel**

FUI faculty members have always been a part of HEC's panel of reviewers for various research funding programs. Brig. Dr. Tanvir Akhtar, HoD Psychology, Dr. Maryam Wahid,



HoD Biochemistry, and Dr. Shagufta Akhtar, Director ORIC, have already been a part of HEC's reviewer panel for various research funding programs. Dr. Yasir Waheed Associate Professor and In-Charge MDL, FUMC, Dr. Noor UI Hadi, Associate Professor and HoD Tourism & Hospitality FURC and Dr. Aamer Naeem, Assistant Professor, FUIRS have recently been selected as Reviewer by HEC to review the research projects submitted for Grand Challenge Fund (GCF) and National Research Program for Universities (NRPU).

**Manufacturing of Ventilators**

Manufacturing a Single / Multi Patient Mechanical Ventilator is another internally funded prototype of FUI. Mechanical ventilation is part of the arsenal of supportive care for COVID-19 patients with the most severe lung symptoms. This project will be completed in three phases. Phase-1, which involved assembly of hardware and software interface, has already been completed. Second phase is in process and it involves coding/programming. In the last phase, the ventilator will be submitted to PEC for approval.

# ALUMNI SUCCESS STORIES

Syed Foad Hassan graduated in Mass Communication from FURC in 2011 and started his career with The News Islamabad. He worked with Govt. of Punjab as a publicist, adviser to CM Punjab for youth affairs and digital media marketing and carried out election campaign in 2013. Most of his career is in Advertising as he has worked with McCANN Worldgroup, Mullenlowe Rauf, Synergy Dentsu Aegis, Interlink advertising and Latitude Public Relations



firm. In McCANN and Mullenlowe he worked with Nestle, carried out more than 50 campaigns and 50+ TV commercials. He is a blogger, and are writes for different newspapers. He also taught Digital Media Marketing at LUMS and is currently working as Sales and Marketing Specialist for a multinational food distribution chain in Toronto, Canada.

Kiran Rehman completed her MS degree in Media Sciences from FURC in 2019. She is currently working as a Social

Media Analyst in Pakistan Defense. She is an active member and artist at Hareep Pakistan, a non profit organization working for underprivileged children and her conducted many art workshops in remote areas She has worked with PTV for Prime Minister's Publicity Campaign. She presented Pakistan in a research project of Chicago University, Illinois, USA as a documentary maker. She also works as a freelance photographer and documentary maker.



2017 by Amnesty International and Youth Icon 2016 by KAFKA International for his efforts in support of child education. Previously Umair has represented Pakistan on many International Forums like ICFJ 2019 held in Toronto Canada, Leader of Tomorrow Conference 2018 held at UN HQ NYC and also held the honor of being Peace Ambassador for UNHRC from 2014 to 2016.

Malik Muhammad Umer Farooq, Software Engineering Graduate 2018, is currently doing Master of Technology (Software Engineering) from Federation University, Australia and is also working with Coles Australia as Jr. Assistant Customer Analytics and Value Management. He is deeply involved in research work and has three international publications at Masters level, the most recent one in 2019 UCET Conference UK/ China Emerging Technology Conference publication named as " Monitoring Body Motions Related to Huntington Disease by Exploiting the 5G Paradigm. He is a member of ACS, Australian Computer Society, the largest professional body in Australia representing ICT sector and has worked for 360 Technologies, Islamabad and Ufone Pakistan as IOS developer before going to Australia.



Mr. Umair Rao, BCSE 2012 is a successful social activist, entrepreneur, academician and philanthropist. He has completed his PGD in Data Analytics and DSS Engineering. He is currently working with The Millennium Education as Program Manager for their Computing & IT International Programs. Beside this, he also founded a trans services firm named "Revamp Solutions" in 2018 and NGO named "Aitmad Foundation" in 2015. Umair has won several national and international awards like Young Activist Award



# Sports

## Women Volleyball Match- FURC

On December 26, 2019, a friendly volleyball match of female teams was organized by the Sports Society, Basket Ball Court, FURC. The teams played well and the audience enjoyed a lot. Students from different departments participated in this match.



## FUIC Participation in LUMS Sports Festival

Football Team of FUIC participated in LUMS Sports Festival held from January 04-07, 2020. The team advanced to the finals of the competition only to lose on penalties to INU Peshawar. FUI team showed great spirit and impressed everyone.



## FURC Sports Society Oath Taking Ceremony

The FURC Sports Society Oath Taking Ceremony 2020 was held on February 24, 2020 in the Seminar Hall. The purpose of the ceremony was to engage multiple societies on one platform and show allegiance to the FUI. Pro-Rector/Director, FURC Brig Dr. Abdul Ghafoor (Retd) was the Chief Guest of the ceremony. Sashes were distributed among different FURC societies and shields were awarded to outgoing members of the Sports Society 2019.



**WELCOMES****Foundation University Islamabad Campus**

- Dr. Mashal Sabqat-Senior Lecturer Medical Education Deptt FUMC-January 2020  
 Dr. Usman Ahmed-Assistant Professor Orthodontics FUCD & H-January 2020  
 Ms. Azra Mahmood-Lecturer FUCN-January 2020  
 Ms. Arva Naeem-Demonstrator DPT FUIRS-January 2020  
 Dr. Farwa Imran-Associate Professor Pathology Deptt FUIC-January 2020  
 Dr. Ahsan Malik-Assistant Professor Dental Education & Research Deptt FUCD-January 2020  
 Dr. Muhammad Rizwan-Professor Oral Pathology FUCD & H-January 2020  
 Dr. Nasar Um Min Allah-Assistant Professor Periodontology FUCD & H-January 2020  
 Mr. Muhammad Imran-Assistant Professor FUCN-January 2020  
 Ms. Marwa Asim-Demonstrator FUIRS-January 2020  
 Ms. Aqsa Sohail-Demonstrator FUIRS-January 2020  
 Dr. Atikah Saghir-Senior Registrar Operative Dentistry Deptt FUCD & H-January 2020  
 Dr. Muhammad Umair Dastgir-Professor Community Dentistry FUCD & H-February 2020  
 Dr. Saima Ishtiaq-Demonstrator Pathology Deptt FUMC-February 2020  
 Dr. Rafey Ahmed Jameel-Assistant Professor Oral Biology Deptt FUCD & H-February 2020  
 Mr. Sajjad Ahmad-Assistant Professor FUCN-March 2020  
 Dr. Ayesha Aziz-Demonstrator Biochemistry Deptt FUIC-April 2020  
 Dr. Saima Ahsan-Demonstrator Pharmacology & Therapeutics Deptt-April 2020

**Foundation University Rawalpindi Campus**

- Dr. Haseeb Ur Rehman-Assistant Professor Arts & Media FURC-February 2020  
 Dr. Anila Sadaf Mubashir-Assistant Professor Psychology FURC-February 2020

**Foundation University Sialkot Campus**

- Dr. Mudassar Ahmad Mughal-Assistant Professor Software Engineering Deptt FUSC-March 2020  
 Mr. Salman Masih-Lecturer Software Engineering Deptt FUSC-March 2020

**Foundation University Islamabad Secretariat**

- Mr. Zaheer-Ud-Din Babar-Manager (PR&C) FUI-January 2020  
 Mr. Amir Sajjad Khan-Manager Accreditation & Collaboration FUI-February 2020

**GOODBYES****Foundation University Islamabad Campus**

- Dr. Noor Us Sabah-Demonstrator Pharmacology Deptt FUIC-March 2018 to January 2020  
 Dr. Muneebah Younas-Demonstrator Biochemistry Deptt FUIC-October 2018 to January 2020  
 Dr. Hassan Ahmed Khan-Demonstrator Physiology Deptt FUMC-August 2018 to January 2020  
 Dr. Sadia Musharraf-Senior Registrar Periodontology FUCD & H-January 2018 to January 2020  
 Dr. Huma Ishtiaq-Demonstrator Community Dentistry FUCD-April 2017 to February 2020  
 Dr. Mariah Jafery-Demonstrator Physiology Deptt FUIC-August 2018 to February 2020  
 Dr. Syeda Sanaa Fatima-Demonstrator Medical Education Deptt FUIC-December 2016 to March 2020  
 Dr. Seyyedha Abbas-Professor Biochemistry Deptt FUMC-January 2008 to March 2020  
 Dr. Maroosh Mirza-Demonstrator Anatomy Deptt-FUMC-August 2018 to April 2020  
 Dr. Fatima Masood-Assistant Professor Prosthodontics Deptt FUCD & H-December 2013 to April 2020

**Foundation University Rawalpindi Campus**

- Ms. Hayam Qayyum-Assistant Professor Arts & Media Deptt FURC-May 2017 to January 2020  
 Ms. Amna Tariq-Lecturer Arts & Media FURC-March 2018 to January 2020  
 Mr. Zafar Mahmood-Lecturer Software Engineering FURC-July 2018 to March 2020  
 Ms. Kanwal Shahbaz-Lecturer Psychology Deptt FURC-September 2016 to June 2020  
 Maj Syed Noor Ahmad Shah (Retd)-Counselor Psychology FURC-September 2015 to June 2020

**Foundation University Islamabad Secretariat**

- Brig. Salawat Khan (Retd) - Registrar FUI-October 2016 to January 2020

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